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SNN AVIRON

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07.03.2018

Venue: YC "Capt. Georgi Georgiev – Port Varna"

KLAB
LIC ROUND TABLES



WOW PARTNERS



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WOW PROJECT OVERVIEW

Program: Erasmus+

Sport Action: Collaborative Partnership Call reference: EAC/A04/2015

Title of the Project: Wave On Wave – Water sports for young people’s physical activity

Grant Agreement n°: 2016-3593 / 001-001

Duration of the Project: 24 months

Budget: 497.238 € Grant approved: 397.238,40 € (80% of the total eligible costs)

Other contribution: 99.447,60

Objective: Promote voluntary activities in sport, together with social inclusion, equal opportunities and awareness of the importance of health-enhancing physical activity, through increased participation in, and equal access to sport for all.

Topic: Encourage participation in sport and physical activity, especially by supporting the implementation of the EU Physical Activity Guidelines



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WOW PROJECT GOALS

- 1 To increase the accessibility of water sports reducing barriers that limit the possibilities of social inclusion, the promotion of equal opportunities and the “sport for all” approach principle
- 2 To strengthen volunteers skills in organization and management of activities and events of water sport associations by improving their role as professional providers of personal services to local communities
- 3 To remove cultural barriers in young people and adults, especially among families, teachers and school administrators, that limit water sports practice thanks to the transfer of technical, environmental and cultural knowledge
- 4 To reduce the early dropout phenomenon in water sports through new innovative methods of teaching, coaching and educating to “sport for all” values
- 5 To enhance the perception of water sports role in young people education through new forms of collaboration between the different actors of civil society



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SNN AVIRON/MAIN ACTIVITIES



Founded in 1866, the Nautical Sport of Nancy offers you the practice of rowing in different forms. Real DNA of the club, SN Nancy is recognized as one of the best clubs in France.

Competition



Avi'Fit



Days of integration
Seminar animations
Regional meetings



SNN Aviron composes your custom day.
Rate based on duration, activities and number of people

Its rowers made SN Nancy the best French youth club in 2014, 2015 and 2016



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SNN AVIRON/MAIN ACTIVITIES



University section

The university section allows students to learn rowing.

Three sessions supervised by a state employee allow a rapid progression.

The friendly spirit allows a quick integration of all members.

Open to all, it's possible to practice rowing occasionally or frequently.

Rowing handi

The club has a fully accessible structure for a disabled public: locker rooms, showers, toilets, elevator.

In addition, the equipment is adapted and adaptable: boats, ergometers, weight rooms ...

Two of our professional coaches hold their Handicap Qualification Certificate (CQH).

School rowing

The SN Nancy welcomes throughout the year schools: primary, secondary schools, high schools ... There are more than 2000 children who discover rowing each year.

Most discover the practice through:

- _ our initiation cycles in boats.
- _ our ergometer test sessions directly in schools.
- _ the program "Rame in 5th"
- _ school days



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SNN AVIRON/ MAIN FEATURES

Percentage of sportsmen and sportswomen among the members club: 98%

Male percentage: 53%

Female percentage: 47%

Competitions organized at regional level:

2 regattas

- 700 young participants
- 1500 participants



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SNN AVIRON/ GOAL 1: ACCESSIBILITY OF WATER SPORTS

Young children are offered facilities to pay for the club.

The «Caisse d'allocations familiales» give a 50€ ticket to families with a low income.

Some municipalities do the same thing.

Another organism «Pass'sport et culture» can pay as much as 120€ to help children pay their fees.

Apart from these institutional aids, the management of the club is ready to discuss, case by case, the facilities, given to solve a particular problem to a **BETTER ACCESSIBILITY OF WATER SPORT.**



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SNN AVIRON/ GOAL 2: STRENGTHEN VOLUNTEERS SKILLS

The volunteers are encouraged (and even financed if requested) to pass a federal certificate which is graduated by three levels:

Monitor – Beginner

Educator

Expert (top level)

These grades give them a technical knowledge of rowing and enable them to follow and advices the crews they are in charge of.



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SNN AVIRON/ GOAL 3: REMOVE CULTURAL BARRIERS

The club organize during every school holofays trainig sessions in which all competitors are mixed, row together, are accommodated and eat together (as ast week)



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SNN AVIRON/ GOAL 4: REDUCE THE EARLY DROPOUT

In general, there is no problem of drop out among the children who got top results in the previous year. They are highly motivated to row at the same level in the coming year,

It is different for children who have not the same capacities and whose results were not up to their expectations,

This requires from the coaches to give them full attention so that they do not feel abandoned,

Another reason for an early drop out is the fact that a youngster may join the club with the idea of pleasant outings on the river and may not be ready to accept the rules of the training for competitive rowing,



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SNN/AVIRON GOAL 5: ENHANCE THE PERCEPTION OF WATER SPORTS

The principal way of giving a better perception of water sports and rowing in particular is to visit schools and carry out an initiation on ergometers (rowing machines). THIS IS DONE IN Autumn and winter. Then, in Spring, the school children come to the club for a couple of training sessions under the guidance of professional coaches and their teachers.



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